

Those Were The Days

32 count, 2 wall, improver level

Choreographer: Daniel Whittaker & Rob Fowler (UK) July 2014

Choreographed to: "Those Were The Days" by Hermes House Band

Start after the saying those were the .. start on the word "days" (25 seconds in to the song)

Section 1 Walk Right, Left, Shuffle, Rock Step Coaster Cross

- 1-2 Walk forward right, left
- 3&4 Shuffle forward R-L-R
- 5-6 Rock forward left, recover weight back on right
- 7&8 Step left foot back, close right to left, step left over right (12:00)

Section 2 Grapevine, Kick Left, Kick Right, Touch Behind

- 1-4 Step right to right, cross left behind, step right to right, kick left across right
- 5-6 Step left to left, kick right across left
- 7-8 Step right to ride side, touch left toe behind right (12:00)

Section 3 Rolling Vine into 1 1/4 Turn Shuffle, Rock Coaster Cross

- 1-2 Step left foot 1/4 turn left (09:00), make 1/2 turn left stepping back right (03:00)
- 3&4 Shuffle 1/2 turn left stepping left, right, left (09:00)
- 5-6 Rock right foot forward, recover weight on left
- 7&8 Step right foot back, close left to right, step right over left

Section 4 Side Rock, Cross Over 1/4 Turn, Walk Back Touch, Full Turn

- 1-2 Rock left to left side, recover weight on right (09:00)
- 3-4 Cross left over right, make 1/4 turn left stepping right foot back (06:00)
- 5-6 Step left foot back, touch right toe back
- 7-8& Step right forward, make 1/2 turn right stepping left back, make 1/2 turn right slightly hitching right (12:00)
(note this little hitch is preparation to start from the beginning of the dance facing the back wall)

Tag 1: End of Wall 4 (12:00): Rocking Chair

- 1-4 Rock right forward, recover, rock right back recover

Tag 2: End of Wall 6 (12:00): Rock Step, Coaster Step, Rock Step, Coaster Step

**Note music slows down for all of wall 7 **

- 1-2 Rock right foot forward, recover weight back on left
- 3&4 Step right back, close left beside right, step right foot forward
- 5-6 Rock left foot forward, recover weight back on right
- 7&8 Step left back, close right beside left, step left foot forward

Tag 3: End of Wall 7 (06:00): Rocking Chair

** Note music dramatically slows down and builds up faster **

- 1-4 Rock right forward, recover, rock right back recover

Have fun, it's a good sing-a-long.

To make it even more fun, stand in lines and hold hands from counts 1-16 with dancers to the right and left of you. Let go after count 16, otherwise you will get injured.

Quelle:

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