

The Story Of My Life

64 count, 4 wall, improver level

Choreographer: Craig Bennett (UK), November 2013

Choreographed to: "Story Of My Life" by One Direction, 32 count intro

Section 1 Side Rock, Cross Shuffle, Rock Forward, Rock Back

- 1, 2 Rock right to right side, Recover back onto left
- 3&4 Cross right over left, Step left to left side, Cross right over left
- 5, 6 Rock left to left side, Recover on to right
- 7, 8 Rock back on left, Recover forward onto right

Section 2 Side Rock, Cross Shuffle, Rock Forward, Rock Back

- 1, 2 Rock left to left side, Recover back onto right
- 3&4 Cross left over right, Step right to right side, Cross left over right
- 5, 6 Rock right to right side, Recover onto left
- 7, 8 Rock back onto right, Recover forward onto left

Section 3 Step 1/4 Turn, Walk, Walk, Shuffle Forward, Rock Recover

- 1, 2 Step forward onto right, 1/4 turn pivot left (9:00)
- 3, 4 Walk forward right, Walk forward left
- 5&6 Step right foot forward, Step left next to right, Step forward onto right
- 7, 8 Rock forward onto left, Recover back onto right

Section 4 Back Sweep, Back Sweep, Behind Side, Cross Shuffle

- 1, 2 Step back onto left, Sweep right around to back
- 3, 4 Step back onto right, Sweep left around to back
- 5, 6 Cross left behind right, Step right to right side
- 7&8 Cross left over right, Step right to right side, Cross left over right *** Restart Point

Section 5 Point Hold, Point Hold, Monterey 1/4 Turn

- 1, 2 Point right to right side, Hold
- &3, 4 Step right next to left, Point left to left side, Hold
- &5, 6 Point right to right side, Make 1/4 turn right stepping right next to left (12:00)
- 7, 8 Point left to left side, Touch left next to right

Section 6 Roll to Left, Shuffle 1/4 Turn, Jazz Box 1/2 Turn

- 1, 2 1/4 turn left onto left foot, 1/2 turn left onto right foot
- 3&4 1/4 turn left onto left, bringing right next to left, step forward onto left (12:00)
- 5, 6 Cross right over left, step back on left
- 7, 8 Make 1/2 turn right onto right foot. Step forward left (6:00)

Section 7 Step Brush, Step Brush, Right Jazz Box

- 1, 2 Step forward onto right, Brush left past right
- 3, 4 Step forward onto left, Brush right past left
- 5, 6 Cross right over left, Step back onto left
- 7, 8 Step right to right side, Step forward onto left

Section 8 Rock Forward, Rock Back, 1/2 Turn, 1/4 Turn

- 1, 2 Rock forward onto right, Recover back onto left
- 3, 4 Rock back onto right, Recover forward onto left
- 5, 6 Step forward onto right, Make a 1/2 turn pivot left
- 7, 8 Step forward onto right, Make a 1/4 turn pivot left

Restart: Restart dance on walls 2, 5 after count 32

Quelle:

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