

Shape Of You

64 count, 4 wall, intermediate level

Choreographer: Fiona Murray (IRL), Roy Hadisubroto (NL)

Choreographed to: "Shape Of You" by Ed Sheeran

Intro: 16 Counts – start before with feet apart and weight on RF

Section 1 Hitches (Arms), Out x2, In, Step, Press, Knee

1&2& Hitch L, Step L to left side, Hitch R, Step R to right side

3&4& Hitch L, Touch L down to left side, Hitch L, Step L to left side

5&6& Step R out to right side, Step L out to left side, Step R into center, Step L forward

7, 8& Press R forward, Twist R knee in, Twist R knee back to front

Styling: *On counts 1 – 4 Bring the arms slowly from side up and across the body down to next to body*

Section 2 Rock, Recover, Run Back x2, Coaster Step, Lock Step, Sweep 1/4 Turn L, Hold

1, 2& Rock R forward, Recover on L, Step R backwards

3, 4& Step L backwards, Step R backwards, Step L next to R

5&6 Step R forward, Lock L behind R, Step R forward

7, 8 Step L forward and Turn 1/4 L sweeping R from back to front, Hold (9:00)

Section 3 Step, Together R L, Out x2, In x2, Step, Jump x2

1, 2 Step R diagonally forward, Touch L next to R

3, 4 Step L diagonally forward, Touch R next to left

5&6& Step R heel to right side, Step L heel to left side, Step R back to centre, Step L next to R

7, 8& Step R forward, Jump forward 2x closing L next to R with body angled 1/8 L

Section 4 Mambo 1/4 Turn L, Full Turn R, Syncopated Sailor Steps, Rock Step

1&2 1/4 Turn L Step R to right side, Step L to left side, Cross R over L (6:00)

3&4 1/4 Turn R Step L backwards, 1/2 Turn R Step R forward, 1/4 Turn R Step L to left side

5&6 Cross R behind L, Step L diagonally forward, Step R to R side

&7&8& Cross L behind R, Step R diagonally forward, Step L to left side, Rock R backwards, Recover on L

Section 5 Basic Samba R L, Samba Walks, Ball Lock, Ball Step

1&2 Step R to right side, Rock L backwards, Recover on R

3&4 Step L to left side, Rock R backwards, Recover on L

5, 6 Step R forward, Step L forward

&7&8 Step forward on ball of R, Lock L behind R, Step R forward, Step L forward

Section 6 Paddle 1/2 Turn L (with Shake), Cross Samba R L

1&2& 1/8 Turn L and Rock R to R side, Recover on L, 1/8 Turn L and Rock R to R side, Recover on L (3:00)

3&4& 1/8 Turn L and Rock R to R side, Recover on L, 1/8 Turn L and Rock R to R side, Recover on L (12:00)

5&6 Cross R over L, Step L to left to left side, Step R diagonally forward R

7&8 Cross L over R, Step R to right side, Step L diagonally forward L

Section 7 3/4 Volta, Half Samba Diamond

1&2& 1/8 Turn R and Step R forward, 1/8 Turn R and Lock L behind R,

1/8 Turn R and Step R forward, 1/8 Turn R and Lock L behind R (4:30)

3&4 1/8 Turn R and Step R forward, 1/8 Turn R and Lock L behind R, Step R forward (9:00)

5&6& Cross L over R, Step R to R side, 1/8 Turn L and Step L backwards, Hitch R (7:30)

7&8 Step R backwards, 1/8 Turn L and Step L to L side, 1/8 Turn L and Step R forward (4:30)

Section 8 Cross, Hold, Ball Lock, Unwind, Bachucadas, Jump In Out

1, 2 1/8 Turn L and Cross L over R, Hold (3:00)

&3, 4 Step R to right side, Cross L behind R, Unwind full turn L weight ended on R

5&a Press L forward, Recover on R, step L backwards

6&a Press R forward, Recover on L, step R backwards

7&8& Press L forward, Recover on R, Jumo both feet together, Jump both feet apart

Start again and have funnnn!

Quelle:

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