

My Greek No. 1

Phrased, Part A: 48 counts, Part B: 16 counts, Tag: 8 counts, 1 wall, beginner/intermediate level

Choreographer: Maria Rask (Sweden) September 2005

Choreographed to: "My Number One" by Elena Paparitsou

Pattern: **A Tag A B B A Restart A B A**

Before the dance – stand a bit tight together – enjoy! Start after the word "...undercover"

Part A

Section 1 Rolling Vines

- 1-4 Rolling vine to the right - on count 4 touch left beside right and throw arms in the air!
- 5-8 Rolling vine to the left - on count 4 touch right beside left and arms up!

Section 2 Mambo Steps

- 1&2 Right mambo step forward
- 3&4 Left mambo step back
- 5&6 Right side mambo step
- 7&8 Left side mambo step

Section 3 Paddle Full Turn Left, Rock Step, Triple 1/2 Turn

- 1-4 Paddle full turn left - 1/4 each count - (9:00, 6:00, 3:00, 12:00)
- 5-6 Right rock step forward, recover onto left
- 7&8 Triple 1/2 turn to the right (6:00)

Section 4 Paddle Full Turn Right, Rock Step, Triple 1/2 Turn

- 1-4 Paddle full turn right - 1/4 each count - (9:00, 12:00, 3:00, 6:00)
- 5-6 Left rock step forward, recover onto right
- 7&8 Triple 1/2 turn to the left (12:00)

Section 5 Right Vaudeville, Left Vaudeville & Crosses

- 1&2 Cross right over left, step left to left side, right heel
- &3&4 Step down onto right, cross left over right, step right to the side, left heel
- &5&6 Step down on left, cross right over left, step left to left side, cross right over left
- &7&8 Left to left side, cross right over left, left to left side, cross right over left

Section 6 Side Rock, Behind Side Cross, Heel-Ball-Crosses

- 1-2 Left side rock step, recover onto right foot
- 3&4 Cross left behind right, step right to right side, cross left over right foot
- 5&6 Right heel, step down onto right, cross left over right
- 7&8 Right heel, step down onto right, cross left over right

Restart *from here the third "A time"- (you'll hear it): Start from count 1 in section 5*

Tag **Only once at this point: Step Turn 1/2 Left, Step Turn 1/2 Left, Jazz Box**

- 1-2 Step forward right, turn left
- 3-4 Step forward right, turn left
- 5-8 Right over left, back on left, right to right side, together (weight on left foot)

Part B *Hold your friends hands up in the air – "The Greek way"*

Section 1 **Side, Together, Side, Together, Heel, Hook, Heel, Flick & Stomps**

- 1-4 Step right to right side, step left together, step right to right side. step left together
- 5&6& Right heel, hook right over left, right heel, flick right foot out back
- 7&8 Stomp right, left, right in place

Section 2 **Side, Together, Side, Together, Heel, Hook, Heel, Flick & Stomps**

- 1-4 Step left to left side, step right together, step left to left side step right together
- 5&6& Left heel, hook left over right, left heel, flick left foot out back
- 7&8 Stomp left, right, left in place

Finish *In section 6 – leave out the last "Heel-Ball-Cross" and replace it with:*

Step right to right side and your arms up!

Quelle:

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