

Keep It Burnin'

32 count, 4 wall, intermediate level

Choreographer: Craig Bennett (UK) & John Robinson (USA), March 2005

Choreographed to: "Keep This Fire Burning" (100 bpm) by Beverley Knight, CD "Affirmation"

Section 1 Walks x2, 1/4 Step Cross, Syncopated Vine, Look Left, Look Right With 1/4

- 1-2 Step left forward. Step right forward
- & Turn 1/4 right stepping ball of left to left side
- 3-4 Step right beside left slightly back. Cross left over right
- 5&6 Step right to right side. Step left behind right. Step right to right side
- 7 Sway hips left turning head to look left
- 8 Sway hips right making 1/4 turn right turning head to look right

Section 2 1/4 Turn, Sailor Step x2, Step, Knee Lift (Figure 4)

- 1 Turn 1/4 right stepping left to left side
- 2&3 Cross right behind left. Step left to left side. Step right in place
- 4&5 Cross left behind right. Step right to right side. Step left in place
- 6-7 Step right forward. Lift left knee into figure 4 position tucking foot behind right calf

Section 3 Full Turn, Ronde, Sailor Step, Knee Rolls, Step Back, Coaster Step

- 8& Turn 1/2 left stepping left forward. Turn 1/2 left stepping right back
- 1 Sweep left out and around to back
- 2&3 Cross left behind right. Step right to right side. Step left in place
- 4 Step right forward slightly right rolling knee out
- 5-6 Step left to left side rolling knee out. Step right back
- 7&8 Step left back. Step right beside left. Step left forward

Section 4 Syncopated Side Points, Hitch, Cross, Back, Side, Cross, Right Chasse

- 1& Point right to right side. Step right beside left slightly forward
- 2& Point left to left side. Step left beside right slightly forward
- 3&4 Point right to right side. Hitch right knee. Cross right over left
- 5&6 Step left back. Step right to right side slightly back. Cross left over right
- 7&8 Step right to right side. Step left beside right. Step right to right side

Quelle:

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