

Holding On To Yesterday

32 count, 4 wall, improver level, night club two step

Choreographer: Peter Metelnick & Alison Biggs

Choreographed to: "I Told You So" by Carrie Underwood & Randy Travis

Start after 16 count intro

Section 1 Step R, Mambo Step, Coaster Cross, Side Rock Cross, 2x1/4 Turn Left

- 1 Step right forward
- 2&3 Rock left forward, recover on right, step left back
- 4&5 Step right back, step left together, cross right over left
- 6&7 Rock left to side, recover on right, cross left over right
- 8& Turn 1/4 left and step right back, turn 1/4 left and step left side (6:00)

Section 2 Cross Rock, Side, Cross Rock, 1/4 Turn Left & Step L, Step R, 2x1/2 Turn Left, Back L, Coaster Cross

- 1-2& Cross rock right over left, recover on left, step right to side
- 3-4& Cross rock left over right, recover on right, turn 1/4 left and step left forward (3:00)
- 5-6& Step right forward, turn 1/2 left (weight to left), turn 1/2 left and step right back (3:00)
- 7 Step left back
- 8&1 Step right back, step left back, cross right over left

Section 3 Left Box, 1/4 Left & Side Rock, Behind-Side-Cross

- 2&3 Step left to side, step right together, step left forward
- 4&5 Step right to side, step left together, step right back
- 6-7 Turn 1/4 left and rock left to side, recover on right (12:00)
- 8&1 Cross left behind right, step right to side, cross left over right

Ending: *On final wall the dance will end here. Strike a pose*

Section 4 Side Rock, Behind, 1/4 Turn Left & Step L, Step R, Step L 1/2 Turn Right, Step L, 2x1/2 Turn Left

- 2-3 Rock right to side, recover on left
- 4&5 Cross right behind left, turn 1/4 left and step left forward, step right forward (9:00)
- 6&7 Step left forward, turn 1/2 right and step left forward (3:00)
- 8& Turn 1/2 left and step right back, turn 1/2 left and step left forward (3:00)

Option: *Non-turning option for 8&: step right forward, step left together*

Tag: *At the end of the 4th wall do the following 8 count tag facing the front wall and then restart the dance*
Step, 2x (Step 1/2 Turn, Step), Sway L, R, L

- 1 Step right forward
- 2&3 Step left forward, turn 1/2 right (weight to right), step left forward
- 4&5 Step right forward, turn 1/2 left (weight to left), step right forward
- 6-8 Sway hips left, right, left

Quelle:

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