

# Coastin'

40 count, 4 wall, Intermediate

Choreographer: Ray & Tina Yeoman (UK)

Choreographed to: **Lord Of The Dance** von Michael Flatley;

Four Wheel Cowboy Blues von Dave Sheriff

## Section 1 Stroll Forward, Kick, Step Back, Coaster & Kick Ball Change

- 1 - 2 Step Forward Right. Step Forward Left.
- 3 - 4 Kick Forward Right. Step Back Right.
- 5 & 6 Step Back Left. Step Right Beside Left. Step Forward Left.
- 7 & 8 Kick Forward Right. Step Right Beside Left. Step Left In Place.

## Section 2 Stroll Forward, Kick, Step Back, Coaster & Kick Ball Change

- 9 - 10 Step Forward Right. Step Forward Left.
- 11 - 12 Kick Forward Right. Step Back Right.
- 13 & 14 Step Back Left. Step Right Beside Left. Step Forward Left.
- 15 & 16 Kick Forward Right. Step Right Beside Left. Step Left In Place.

## Section 3 Heel, Step, Touch X 4 (with Hands On Hips)

- 17 Touch Right Heel Forward.
- & 18 Step Right Beside Left. Touch Left Toe In Place.
- 19 Touch Left Heel Forward.
- & 20 Step Left Beside Right. Touch Right Toe In Place.
- 21 - 24 Repeat Steps 17 - 20.

## Section 4 Heel Forward & Side, Triple Step X 2

- 25 - 26 Touch Right Heel Forward. Touch Right Heel To Right Side.
- 27 & 28 Triple Step In Place - Right, Left, Right.
- 29 - 30 Touch Left Heel Forward. Touch Left Heel To Left Side.
- 31 & 32 Triple Step In Place - Left, Right, Left.

## Section 5 Side, Slide, Shuffle 1/4 Turn, Step 1/2 Pivot, Left Shuffle

- 33 - 34 Step Right To Right Side. Slide Left Beside Right And Clap Hands.
- 35 & 36 Step Right 1/4 Turn Right. Step Left Beside Right. Step Forward Right.
- 37 - 38 Step Forward Left. Pivot 1/2 Turn Right.
- 39 & 40 Step Forward Left. Close Right Beside Left. Step Forward Left.

Quelle:

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