

# Bored

32 count, 4 wall, beginner level

Choreographer: Ria Vos (NL), December 2016

Choreographed to: "Bored To Death" by Eric Hutchinson

Intro: 16 counts

## Section 1 Rock Fwd, & Rock Fwd, Shuffle Back, Rock Back

- 1-2 Rock Fwd on R, Recover on L
- &3-4 Step R Next to L, Rock Fwd on L, Recover on R
- 5&6 Shuffle Back Stepping L-R-L
- 7-8 Rock Back on R, Recover on L

## Section 2 Step, 1/4 L Touch, Side, Kick-Ball-Cross, Side, Behind-Side-Cross

- 1-2 Step Fwd on R, 1/4 Turn L Tap L Toe to R Diagonal (weight on R)
- 3 Step L to L Side
- 4&5 Kick R to R Diagonal, Step R Next to L, Cross L Over R
- 6 Step R to R Side
- 7&8 Step L Behind R, Step R to R Side, Cross L Over R

## Section 3 Side Rock, Crossing Shuffle, 1/4 R, Side, Crossing Shuffle

- 1-2 Rock R to R Side, Recover on L
- 3&4 Cross R Over L, Step L to L Side, Cross R Over L
- 5-6 1/4 Turn R Step Back on L, Step R to R Side
- 7&8 Cross L Over R, Step R to R Side, Cross L Over R

## Section 4 Side Rock, & Side Rock, Sailor 1/4 Turn L, Walk, Walk

- 1-2 Rock R to R Side, Recover on L
- &3-4 Step R Next to L, Rock L to L Side, Recover on R
- 5&6 Step L Behind R Turning 1/4 Turn L, Step R Next to L, Step Fwd on L
- 7-8 Walk Fwd R-L

Quelle:

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